



Friday 4 March 2016



## From the Principal

Dear Parents and Friends,

***There is a time for everything, and a season for every activity under the heavens***

***Ecclesiastes 3:1***

Whether you realise or not, we are now in the season of Lent. Lent is a time in the church calendar of repentance, fasting and preparation for the coming of Easter. It is a time of self-examination and reflection. Lent is a season of forty days, not counting Sundays, which began last month on Ash Wednesday and ends on Holy Saturday, the day before Easter Sunday. Perhaps this idea is seen as burdensome, or difficult, a hangover from an 'out of date' era; however, I think there are lessons to be gained from the idea that we spend a period of time out of routine, allowing us to focus on things that we might not normally do. In the Christian context, the role of fasting for example, was designed to let one focus more attention on their relationship with God.

Now I realise that only some in our College community would recognise Lent, which is fine, it isn't really part of our everyday vocabulary and my intent is not to say that everyone should partake in Lent, but rather to look at the original intention and purpose behind it and share with you the benefits of ensuring our own lives have natural rhythms and balance.

The Bible is pretty clear on the rhythm of working for six days and enjoying the seventh day as a rest day for God's Sabbath. Jesus grew up in a culture that observed the Sabbath. His experience of growing up was one that was shaped by a society that valued rhythm and balance. Jewish culture respected the Sabbath. They ensured that it wasn't a day where you 'caught up' on the work that you didn't have time to complete in the other six days. Instead, it was a full twenty-four-hour period of lingering conversations, festive meals, reflection, corrections in attitude, giving thanks, and encountering and experiencing God rather than rushing through life. By everyone pausing at a regular time, they were able to focus on the things which were important. If we were to be honest with ourselves, this biblical concept actually makes a lot of sense. If we quickly peruse the internet now on 'well-being' and we look at our own programs being implemented here at the College, you will find lots of talk about 'taking time'. Of course, we think gratitude, well-being and mindfulness are new ideas, however the Jewish people, through their commitment to what was taught in the Bible, already had all of these woven into their daily lives.

In our family if we stop and think about particularly special times, it is not the fancy holidays or exotic experiences which come to mind, but rather, those times of just sitting and enjoying each other's company. Whether that be sitting in front of a camp fire or around the kitchen table, taking time to just 'be' is often memorable.

There are seven major feasts in the Bible which are rich in meaning and mark a definite rhythm of the calendar year. These feasts became holy days for people to anticipate; the people were encouraged to remember, reflect, give thanks, and grow in their awareness. The Hebrew (common language of the time), word for feasts means "times which are appointed." The people enjoyed the feasts as an integral part of their rhythm and flow of life. Out of the Jewish rhythm, a calendar and lifestyle developed over time to help early Christians participate in the story of God. These celebrations are designed to help us look beyond ourselves. To regularly acknowledge that we are part of something bigger than our own little world. To prompt us to reflect on our own actions so that we might become more in tune to the rhythms of grace that God offers each of us. Both the Jewish people and the Christians also regularly fasted, like in the period of Lent, and there is even some recent evidence that regular fasting is exceptionally good for your physical and mental health.

In Secondary Chapel this week, Mr Barrett gave the students three challenges that they might want to take up this Lenten period.

1. Take some time this week to pause, away from distractions and be thankful; to pull away from the business of life and be grateful for all the blessings received each and every day.
2. Be proactive and organise a time for your whole family to gather and just enjoy each other's company.
3. In the lead up to Easter, decide to fast or give up something for Lent. It might be technology, soft drink or a certain TV show. The idea being that, fasting or depriving ourselves of a regular habit creates a prompt to not just mindfully think about ourselves and our actions but also our relationship with others and most importantly on our relationship with God.

Part of our parenting role is to create structures that promote healthy relationships amongst our family members. Can I encourage you to reflect on the structure and busyness of your week? In

### Don't miss...

7-10 MAR	<b>PRIMARY PARENT/ TEACHER INTERVIEWS</b>
12 MAR	<b>ACADEMIC SCHOLARSHIP TEST</b>
16-22 MAR	<b>YEAR 11/12 TEST WEEK</b>
17 MAR	<b>PRIMARY FREE DRESS DAY</b>

### TERM DATES 2016

<b>Term 1</b>	<b>Wed 27 January - Thur 24 March</b>
<b>Term 2</b>	<b>Mon 11 April - Fri 17 June</b>
<b>Term 3</b>	<b>Mon 11 July - Fri 16 September</b>
<b>Term 4</b>	<b>Tue 4 October - Wed 30 November</b>

### TERM DATES 2017

<b>Term 1</b>	<b>Tue 24 January - Fri 31 March</b>
<b>Term 2</b>	<b>Tue 18 April - Fri 16 June</b>
<b>Term 3</b>	<b>Mon 10 July - Fri 15 September</b>
<b>Term 4</b>	<b>Tue 3 October - Wed 29 November</b>

 Visit our website to link to the St Andrew's Facebook page



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doing so, you will be able to identify whether you are setting aside enough unstructured time to enjoy the company of your family and, if need be, make changes that might allow for more natural rhythm and balance to occur. Lent is a great time for change and readjustment and as we head towards the great promise of Easter, let the opportunities of Jesus' death and resurrection begin to take hold.

**An Evening with the Principal**

Please join me on **Monday 21 March at 6pm in The Studio**, for the first of what will be a series of open forums, where some of the challenges facing modern education can be shared between parents and the community. The purpose of these nights is to share ideas and whilst solutions will not always be achieved, our aim is to ensure we share our thoughts with parents and aim to clarify as needed. The first topic for the year is on the whole area of mindfulness and how we embed this across the College, and in particular, with our approach to encouraging intrinsic rather than extrinsic motivation and what this could look like in practical terms. At the same time, parents are welcome to raise other educational questions that could be addressed at that time or taken on notice. The evening will be very informal and relaxed.

Best wishes,

**Reverend Chris Ivey  
PRINCIPAL**

**College Ministry**

**Primary and Secondary Chapel Services**

Each week we have Chapel services for both our Primary and Secondary students. Mr Andrew Lucas leads the Primary service, held on Friday's during Lesson 3, with support from different classes that are rostered on throughout the year. The Secondary service is run by myself with the assistance of my Chapel Leaders, Abigail Ellerton and Jaxon Pukallus.

This year, both Chapels are looking at the different character strengths that have been given to us, how to use them and what we can learn about them from the Bible. We try to ensure that our Chapels are highly interactive with different elements making up the service. Music has the ability to lift us up beyond our daily concerns and provide a common focus, therefore, each Chapel consists of a musical item, whether it be singing together, listening to a song or a live performance. Combined with this, there are interviews with students who are involved in the community, a weekly Chapel house quiz, visiting speakers and bands with lots of student involvement.

When it comes to Chapel and the Christian faith, we expect that, despite our different backgrounds, all students and staff will be on board somewhere. Let's draw a line, a spectrum, from 0 to 10. None of us knows all there is to know about Christianity, so scoring a 10 is unlikely. No one should be able to say, 'I've fully arrived.' On the other hand, it would be deemed arrogant if someone were to say, 'The Christian faith has got nothing to teach me.' No-one should be at 0. Everyone should be able to put themselves somewhere on the broad spectrum.

It is our aim that Chapel will have something for everyone, regardless of where they are on the spectrum, in order that we can learn and grow together. The outcome of this being an understanding of the Christian faith and an ability to demonstrate its values at school and in the surrounding community.

*Pictured right are Year 8 students Avana Reynolds, Faith Roche and Madeline Ryan being interviewed in Chapel regarding their involvement in 'The World's Greatest Shave'.*



**Mr Tim Barrett  
HEAD OF COLLEGE MINISTRY AND GLOBAL LEARNING**

*Clouds by Prep MC*



## From the Head of Secondary

### Opportunity of Choice for Years 11 and 12

We have introduced some free/study time for our Year 11 and 12 students in the middle of the day on Tuesdays each week.

All students involved in College sports that train in lessons 5 and 6 **must** still attend their training sessions but in those terms when a student does not have sport training they have the following options.

- **Year 11 students** have the opportunity (in lessons 5 and 6) to study in a designated classroom or they can make the decision to study in the College grounds or Learning Centre (as long as they let a teacher know where they are).
- **Year 12 students** have the opportunity to study at the College in any area that suits them or they may decide to leave the College grounds to grab a bite to eat or exercise (of course they must still sign out and then in). Obviously students are encouraged to stay on top of their studies but this opportunity is meant to help with their ability to make good choices in terms of organisation and time management once the 'freedom' available post-school becomes a reality.

Previous Year 12 graduates have told us that the hardest thing to cope with at university is the 'freedom of choice' with their time. Hopefully allowing this relatively small but important opportunity that replicates university life will help students in developing the skills required to cope with this flexible time.

### 8 Essential Skills that every Adolescent Needs to Learn *(adapted from by Leo Babauta February 25, 2016)*

#### 1. Asking questions

What we want most for our kids, as learners, is to be able to learn on their own. To teach themselves anything. Because if they can, then we don't need to teach them everything — whatever they need to learn in the future, they can do on their own.

#### 2. Solving problems

If a teen can solve problems, they can do any job. A new job might be intimidating to any of us, but really it's just another problem to be solved. A new skill, a new environment, a new need ... they're all simply problems to be solved. Don't immediately solve all your child's problems — let them fiddle with them and try various possible solutions. Eventually, your child will develop confidence in their problem-solving abilities, and then there is nothing they can't do.

#### 3. Finding passion

Help your teen find things they are passionate about — it's a matter of trying a bunch of things, finding ones that excite them the most, helping them really enjoy them. Don't discourage any interest — encourage them. Don't suck the fun out of them either — make them rewarding.

#### 4. Independence

Adolescents should be taught to increasingly stand on their own. A little at a time, of course. Slowly encourage them to do things on their own. Teach them how to do it, model it, help them do it, helpless, then let them make their own mistakes. Give them confidence in themselves by letting them have a bunch of successes, and letting them solve the failures

#### 5. Being happy on their own

Too many of us (parents and teachers) coddle our kids, keeping them on a leash, subconsciously making them rely on our presence. When the kid grows up, they don't know quite how to be happy on their own. They must immediately attach to a girlfriend/boyfriend or friends. Failing that, they find happiness in other external things — shopping, food, video games, the Internet. But if a child learns from an early age that they can be happy by themselves, playing and reading and imagining, it is one of the most valuable skills there is. Allow your kids to be alone from an early age. Give them privacy, have times (such as the evening) when parents and kids have alone time.

#### 6. Compassion

One of the most essential skills ever. We need this to work well with others, to care for people other than ourselves, to be happy by making others happy. Modelling compassion is the key. Demonstrate at every opportunity how to ease the suffering of others when you're able, how to make others happier with small kindnesses, how that can make you happier in return.

#### 7. Tolerance

Expose your children to people of all kinds, from different races to different sexuality to different mental conditions. Show them that not only is it OK to be different, but that differences should be celebrated, and that variety is what makes life so beautiful.

#### 8. Dealing with change

I believe this will be one of the most essential skills as our kids grow up, as the world is always changing and being able to accept the change, to deal with the change, to navigate the flow of change, will be a competitive advantage. Life is an adventure, and things will go wrong, turn out differently than you expected, and break whatever plans you made — and that's part of the excitement of it all. We can prepare them to adapt to anything, to learn anything, to solve anything, and in about 20 years, to thank us for it.

All 8 points are high on the list of priorities we expose our students to through experiences like our Year 9 Connections program, Kokoda, Global and Service Learning and indeed in what we do on most days!



**Mr Brad Bowen**  
HEAD OF SECONDARY

## From the Departments

### Secondary Assembly - Monday 7 March

This coming Monday 7 March the Secondary Assembly time will be dedicated to our young women of St Andrew's on the eve of International Women's Day 2016.

Each year we utilise this one assembly as a time to celebrate the individual and collective strength and wisdom of women whilst also recognising and respecting women in less advantageous situations and positions.

Mums are such a loving and guiding influence on their daughter's lives. Please feel welcome to attend if you can make it. We start at 10:00am and finish at 10:40am.

# Secondary School

Enquiries: 5471 5527

Absentee Line: 5449 5880

## SnAAC Shack Closure - End of Term

For the last week of this Term students will be able to access a limited range of food items from Monday 21 to Wednesday 23 March. Please note that the SnAAC Shack will be closed for Thursday 24 March, which is the last day of Term. However there will be a BBQ running in both the Primary and Secondary areas with proceeds supporting Netball and the Music department. Your support will be greatly appreciated.

Mrs Lisa Martoo

DEPUTY HEAD OF SECONDARY - PASTORAL

## LOTE Note

HUGE congratulations to the students who participated in the Can Film Festival movie making activity in 2015. We made a mock up of "Where's the Green Sheep" by Mem Fox in Chinese and we have been selected to be screened on the Big Cinema screen at a red carpet gala event!!! So exciting for language learning! Congratulations to the 23 students who volunteered to be involved!

## Mandarin Basics - Parent Sessions

All parents are welcome to attend a once off session to explain the basics of Chinese language learning at St Andrew's. Children welcome but please provide them with a quiet activity whilst you do the learning.

The session will be held on **Monday 7 March from 3:15pm - 4:00pm** and the same session again on **Wednesday 9 March 3:45pm - 4:30pm** all to be held in I3 (Primary Chinese classroom).

I look forward to meeting up with you soon.

Mrs Megan Cleyné

CHINESE TEACHER &amp; HEAD OF LANGUAGES

## Learning Support News

Support for student learning is provided through various means at St Andrew's, including classroom differentiation provided by the classroom teacher, tutorial sessions, Education Support Officers (ESOs) in Primary classrooms, and the **Learning Support Department**.

The Learning Support department is usually a buzz of activity, with students from various year levels busily working with the support staff, to consolidate their understanding and development of skills and knowledge. Whether it be Secondary students working on assignments, listening to podcasts and completing class tasks; or Primary students working with Maths hands-on resources to complete Maths challenges, participating in the MiniLit program or practicing their reading skills, there certainly is a diversity of learning opportunities being facilitated.

This year we are especially excited to have some mini iPads to provide further opportunities to facilitate learning. As you can imagine the students enthusiastically engage in the educational programs and apps on the iPads, which are designed to reinforce their learning. On another note, we eagerly await the completion of the new Learning Hub and the move into our new Learning Support rooms.

Mrs Anita Williamson

HEAD OF LEARNING SUPPORT

## Careers Corner

### QUT Visit

Last week a group of Year 12 students (*pictured right*) attended the QUT Get Ready for Uni Day. The students took part in goal setting and habit forming sessions, exploring courses, student life as well as gaining first-hand information from current and past students.

### Defence Force Recruitment

The ADF is holding information sessions on the following areas:

- **ADF Careers** – Wednesday 2 March 2016 (Maroochydore RSL)
- **Army Reserves** – Tuesday 8 March 2016 (9RQR Yandina)
- **Trade Roles** – Tuesday 15 March 2016 (Defence Force Recruiting, Maroochydore)
- **Officer Roles** – Wednesday 30 March 2016 (Defence Force Recruiting, Maroochydore)

If you would like more details please email me at [ssugden@saac.qld.edu.au](mailto:ssugden@saac.qld.edu.au) or to RSVP please call 13 19 01 or email [defencejobsmaroochydore@dfr.com.au](mailto:defencejobsmaroochydore@dfr.com.au).

### UMAT

Students interested in sitting the UMAT exam, which is a pre-requisite for direct entry into Medicine, I have an information booklet and some sample tests that you are able to look at. Year 12 students are required to sit the exam this year and Year 11 students in 2017.

### Important UMAT2016 Dates

UMAT2016 Registrations: OPEN

Registrations close: 3 June 2016

Sit UMAT: 27 July 2016 (Wednesday)

Results released: Late September 2016

By published deadline: Apply to universities

Are you in Year 12?  
You need to sit compulsory UMAT on the 27th July 2016

Are you in Year 10, 11 or 12?  
DO NOT risk your chance at succeeding.  
Start preparing today!



Parents and students are welcome to see me regarding Career direction, pathway options or advice on Universities and Colleges. Please email me at [ssugden@saac.qld.edu.au](mailto:ssugden@saac.qld.edu.au) or phone 5471 5647 to make an appointment.

Mrs Sheridan Sugden - HEAD OF TERTIARY AND CAREER OPPORTUNITIES / VET STUDENT SUPERVISOR

# Primary School

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Email: psoffice@saac.qld.edu.au

## From the Head of Primary

Congratulations to our Year 5 students who completed a wonderful camp at Bargara, Bundaberg at the end of last week. By all accounts, it was an amazing three days for the students; it was excellent weather, the group activities were fun and they were able to see many turtle hatchlings in the evening. The students were terrific during the camp and I congratulate them for their excellent attitude and behaviour. 'Thank you' must go to the staff who attended this camp – Mr Iain Hilliard, Mrs Abbey Jane, Mr Tim Hynes, Mrs Sue Bambling and Mrs Jane Cooksley. Special thank you to Mrs Cooksley for organising this camp. Photos from the camp can be found on the **College Facebook**.

### Year 6 Monitors

This year we have introduced another Leadership opportunity for the Year 6 students. Along with our Primary Leaders, we have implemented Monitors' positions where students who nominate will work with our Primary Leaders on Service activities throughout the Primary School. We have 50 Year 6 students appointed as Year 6 Monitors who will all have various roles to fulfil. Congratulations to the following students on your appointment:

**Tim Bain, Cooper Barrett, Noah Barrett, Will Bertholini, Paige Blonk, Jemima Bromage, Brennan Campbell, Angus Campbell-Balkin, Emma Carrier, Ava Condon, Samara Dryden, Jae Evans, Max Garrett, Ashton Goodwin, Milana Gould, Connor Hayes, Lily Hilton Cooke, Cameron Houghton, Briony Hurd, Hudson Johnson, Mia Laflamme, Poppy Lambourne, Cooper Law, Matthew Lewis, Fletcher Lumb, Flynn Mackeown, Ben Mahony, Cecilia McCarthy, Jack Miller, Lili Naudin-Dovey, Sebastian Poxleitner, Tommy Price, Jimmy Rudkin, Zyal Rubulis, Rylan Sandford-Bell, Aiden Schumann, Harry Sheppard, Jorja Smith, Hannah Stewart, Hannah Symonds, Bethani Townsend, Luca Warman-Flood, Oscar Watson, Lilli Watts, Harriett Wensley, Jai Whan, Lola White, Matthew Williams, Fraser Young, Max Young.**

### Student Council

The Student Council within the Primary School is an important leadership group, as it gives the students greater participation in the functioning of the school. Members of the Student Council are able to have a forum to discuss any issues which have been raised in class discussions, as well as being an avenue to discuss general school issues. The main focus of the Student Council is on Service Learning, both within the school and the wider community. The Student Council members consist of the Year 6 Leaders and two representatives from each Year 5 class. Each of these students is expected to contribute to one service learning opportunity throughout the year. I am pleased to announce the Year 5 Students elected to this position are:

**Year 5AJ: Lucy Bowen and Hudson Walstyn**

**Year 5IH: Emily Dunbar and Eric Hall-Smith**

**Year 5TH: Georgia Eadie and Jett Levenson**

Certificates and Badges will be presented to the Year 6 Monitors and Student Council Representatives at assembly on Monday 7 March.

### Free Dress Day

There will be a free dress day for the students on Thursday 17 March. The funds raised from this day will go towards the Primary School's sponsorship of our World Vision child, Francesca. The students need to adhere to the regulations for free dress days:

Good casual clothes should be worn with regard to safety and school appropriateness.

- No bare midriffs, shoulder-strap tops or 'skimpy' items are allowed.
- Shoes must be sturdy and predominantly covered in – no thongs, slip-ons, sandals or other flimsy footwear are allowed.

### Parent Teacher Interviews

The Primary School Parent/Teacher interviews commence next week from Monday 7 March until Thursday 10 March. It is important for all families to attend these interviews. Please note that students from Years 3-6 are also encouraged to attend these interviews with their parents.

### Congratulations

Congratulations to the following students who have signed the Primary school "Book of Acknowledgement" over the past two weeks for their wonderful acts of kindness towards other students during lunchtime and sport activities. Congratulations to **Olivia Jansen** (Year 5IH), **Aston Irwin** (Year 3JB), **Christian Vogen** (Year 3KC) and **Matthew Reed** (Year 2HO). Congratulations also to **Oliver Tinney** (Year 4JR) for showing dedication to his studies.

### Important Dates This Term:

Parent Teacher Interviews – Monday 7 March to Thursday 10 March

Year 2 Day Camp to Mudjimba – Friday 11 March

Year 5 Immersion Concert – Friday 11 March

National Young Leaders Day – Monday 14 March

Year 3 Camp to Mudjimba – Tuesday 15 - Wednesday 16 March

Longreach Information Night – Wednesday 16 March

China Information Night – Wednesday 16 March

Primary School Free Dress Day – Thursday 17 March

Wishing you a relaxing and enjoyable weekend.

Principal's Information Session – Monday 21 March

Years 3 – 6 Cross Country – Tuesday 22 March

Prep – Year 2 Swim Carnival – Wednesday 23 March

Grandparents' and Special Friends' Day – Thursday 24 March

Culminating Day – Thursday 24 March

Last day of Term 1 – Thursday 24 March

China Trip departs – Saturday 9 April

Longreach Trip Departs – Monday 11 April

**Mr Robert Paterson**  
**HEAD OF PRIMARY**

## FROM THE DEPUTY HEADS OF PRIMARY

### Prep - Year 3

#### Grandparents' Day – Thursday 24 March

In another few weeks we will be busy thinking about Easter and the end of term. It is at this time of each year that we celebrate one of the most special days on our College calendar – Grandparents' and Special Friends' Day. Grandparents' Day is being held on Thursday 24 March. The morning will commence in The RGC with Chapel at 8.40am which is being presented by 4JR. We will also have some musical performances and Mr Paterson's Annual Quiz for Grandparents. This will be followed by morning tea for all grandparents and special friends at 10am and then class

visits at 10.40am. Weather permitting, we hope to be able to provide parking on the Primary Oval.

A special part of this event is the slideshow we enjoy sharing with families. Could families please email a photo of their children with their grandparents to Mr Lucas at [alucas@saac.qld.edu.au](mailto:alucas@saac.qld.edu.au) by Thursday 17 March. We hope that grandparents and special friends are able to join us for this special event.

### **The Importance of Quiet Time**

As we focus more as a school on Positive Education we also talk about the benefits of mindfulness. I came across a recent early childhood article which addressed the importance of children having quiet time. This is something not always easily attained in our busy lives full of activity and technology. The following simple suggestions may be of interest:

When you can't stop noise it produces incredible stress. Quiet makes it easier to remember things and to learn. Researchers currently believe this may be because the part of the brain that processes auditory signals is the same one that handles short-term memory. Quiet also encourages reflection. "The brain works in networks that are in balance with each other," says Mary Helen Immordino-Yang, Ed.D., a professor of education, psychology, and neuroscience at the University of Southern California. "One allows you to focus on what is happening in the outside world around you, the other looks inward." It's this inner network that helps us make meaning of our lives and it needs quiet to work.

#### **How can we arrange for quiet to actually happen?**

Everything that comes in through the senses needs to be processed, so even though children are often the ones making all the noise, they also easily get overstimulated by it, resulting in misbehaviour and irrational emotions.

#### **Reduce background noise**

Noise, fun and music can be a fantastic part of family life, but when the TV and stereo are just on in the background they can ruin opportunities for quiet focus. Audiologist Mandy Cerka Mroz says, "We think when a child is doing a puzzle, we should have some fun music on in the background. Just let him focus on the puzzle." Don't leave the TV on, even if it's educational; and check your own volume. "If you have to talk louder than normal to get kids' attention, there's something you are competing with."

#### **Have a daily quiet time**

Just because your children might have grown out of their afternoon sleep they still benefit from an hour, or at least 30 minutes, of quiet time. Especially kids who have been in a noisy environment, like kindy or school; they need this time to recover, mentally and physically.

#### **Try mindfulness together**

Bringing attention back to the present instead of worrying about a problem with a friend at school can be a good stress reducer. Sit together and listen for three minutes to all the sounds that you can hear nearby, faraway, and inside your own body (heartbeat, breath) plus the "silence between all the sounds".

**Miss Catherine Green - DEPUTY HEAD OF PRIMARY (Prep - Year 3)**

## **Year 4 - 6**

As I sit down to write this short snippet for Wavelength I am really excited as I have something I would like to share...

Boys' Choir, Thursday lunchtimes in the Music classroom. I have just spent my lunchtime singing with this group and it was fantastic. I am aware that at times boys may shy away from singing and at times they are embarrassed about singing in public. A choir is a superb opportunity to 'give it a go' and experience the real fun of being part of a group singing and making music.

My own family is musical, my mother teaches music at a school for the blind and my uncle has recently retired from the Royal Academy of Music in London. I never matched their ability but as a child and as an adult I have been a member of choirs and loved it. Singing has an ability to lift the soul. I have been fortunate to have been at the Millennium Stadium when 60,000 Welsh supporters sang their anthem with tears in their eyes, and it is a moving experience. Singing has played such an important part in Welsh lives and especially men. This originates from their days in the coalmines and the male Welsh choirs are exceptional.

The following clip is something that has stayed with me from an episode in Britain's Got Talent and I would recommend you take a minute to watch the clip: <https://www.youtube.com/watch?v=AARrVAHnkdY>

I look forward to sharing with you how the choir progresses over the year. I would also like to encourage any boys who have not come along yet to give this a go and I look forward to welcoming some new faces (and voices) to the group on Thursday.

**Mr Ben Dean - DEPUTY HEAD OF PRIMARY (Years 4-6)**

## **Primary Curriculum and Student Learning**

### **Be Brave; Ask Questions**

Recently, I heard some students chatting and the question was asked, "Why do you ask so many questions? I thought you were smart?"

Initially, this dialogue startled me but digging deeper, I realised that there was so much more to the statement. Even the most confident and capable students can feel nervous asking questions in class in front of their peers. They are wanting to fit in with their peers and also maintain self-esteem. However, students should be able to freely ask questions. Questions help our students clarify their thinking and to better understand concepts being taught in class. It is also great feedback to teachers about what students are and are not understanding. It is difficult sometimes learning new concepts and skills, yet, I encourage all students to be brave and ask questions to improve their learning.

So, the best response to the initial question "Why do you ask so many questions? I thought you were smart?" would be "I am smart because I ask questions". I encourage all students to be brave and ask questions. You will be amazed with the answers.

**Mrs Sue Bambling - DIRECTOR OF STUDENT LEARNING**

## **Mandarin Basics - Parent Sessions**

As mentioned in Secondary news.... All parents are welcome to attend a once off session to explain the basics of Chinese language learning at St Andrew's. Children welcome but please provide them with a quiet activity whilst you do the learning. These sessions will be held on **Monday March 7 3:15pm - 4:00pm** and on **Wednesday 9 March 3:45pm - 4:30pm** all to be held in Room I3 (Primary Chinese classroom).

I look forward to meeting up with you soon.

**Mrs Megan Cleyne - CHINESE TEACHER & HEAD OF LANGUAGES**

## **Visual Art**

The Prep students have been exploring clouds in Visual Art this week. We began by going outside and discussing what shapes they could see 'fish, bunny rabbits, crocodile clouds'. Back in the Art room they learnt some new skills of 'invisible painting' wetting paper first, then applying watercolour backgrounds and trying out mixing acrylic paint and applying with brushes, sponges and fingers to draw their imagination clouds. Please view the beautiful work from Prep MC on page 2.

**Mrs Libby Derham - PRIMARY ART SPECIALIST**

### Regular Updates

A reminder that St Andrew's Anglican College Sport is on **Facebook** and **Instagram @standrewssport** and **Twitter @saacsport**. It is a great way to keep up to date with all that is happening at St Andrew's Sport.

### Thank You

With 102 sports teams this term - there is fantastic support from St Andrew's families and friends. Thank you to the many parents who help out and support our sports teams on and off the field through help at BBQ's, coaching teams, managing teams, preparing half time fruit, donating products, washing team jerseys, providing transport, helping other families, scoring, timekeeping, officiating or just general help at fixtures. It's not just the students who are **#diamondstrong** but also our wonderful families. The St Andrew's community is very special.

### Netball

St Andrews Netball 2016 is off to an fabulous start for both Primary and Secondary teams. Our team numbers have grown to 28 this year which is an indication that the Netball culture at St Andrews is a positive, competitive and rewarding experience for all involved. It is also an indication of the many wonderful families that support their daughters and their daughters' teams and also of the support, knowledge and time that our dedicated coaches and teachers give to our teams.

#### Primary Netball

Thanks to all girls and families for embracing the changes that we have had to make to align with the new Netball Queensland guidelines and also the changes to competition days at Cooloom. It was very pleasing to see the smiles and happy St Andrew's netballers both Tuesday and Thursday last week for Round 1 of their competition. All teams played very well with so much determination, enthusiasm and team spirit. Well done girls, keep up the great work.

#### Secondary Netball

Last week saw some excellent results from our teams for the season's first round. St Andrew's Spirit was alive and well with many girls playing their own games then backing up to fill in for other St Andrew's teams that needed a hand! Thank you to all those girls who stayed on after their own game and filled in for others, we appreciate your loyalty and support.

Congratulations to **Robbie De Vinzenzo** for being selected in the 19yrs Independent District Netball team and playing at the Regional Carnival. Robbie has also been selected as a 2016 Netball Queensland Regional Academy Team Member, well done Robbie we are very proud!

This week saw the debut of the new netball dresses (pictured below)



especially for our Open "A" Girls. Thank you to **Matai Sport** for sponsoring these dresses, the girls looked absolutely fabulous and had a big win Monday night wearing them for the first time. I would encourage all netballers to try and watch one of their games which are played at the 5.50pm round each week, the girls would love your support and you will love watching them!

Looking forward to a fantastic season and see you courtside soon.

### Football

Our 18 Football Club teams all start this Saturday and it should be a wonderful day of Football. We are absolutely thrilled to have an U16 Girls team and nearly 200 players playing Football each Saturday. Best wishes to all teams. Our Senior teams playing in the Sunshine Coast Schools Competition are playing well and all are looking good for the Finals in three weeks.



### Basketball

St Andrew's Basketball is off to a flying start this Semester with 8 teams entered into the Noosa competition. All players are showing an amazing amount of dedication and development as the games progress, which will put them into great speed for our Schools competition in Term 3. The draw for the whole season can be accessed via the **Noosa Basketball** website. All students must be in full St Andrew's Basketball uniform. Monday morning training is proving to be intensive and the quality is super. Tuesday afternoon by our Girls and Junior Boys is just as intense, well done to Rory Shannon and Leon Zhan for the assistance.

A big thank you to all coaches for your enthusiasm, dedication and leadership and a massive thank you to parents for your patience as the competition settles into full swing! Good luck to all teams for a fantastic season!

### Cricket

#### Primary Cricket

It has been another outstanding season of cricket at St Andrew's. The energetic Under 8's and Under 10's teams have continued to impress parents and coaches alike with their skills on Friday nights. We have had many comments from our opponents regarding our sportsmanship and how well we worked together as a team. So congratulations to those teams for representing St Andrew's with such respect and spirit.

**stAshes House Competition**

The hotly sort after **stAshes** enters its third year and will be on the 'Rolls-Royce' of turf being the Secondary Oval. **Which House will be crowned the cricketing champions for 2016?** A huge thank you to Mr Hynes, Mr Bourne, Mr Bartholomew, Mr Hand, Mr Dean, Mr Scott and Tim McKenzie for all of their support throughout the season.

**Secondary Cricket**

The Intermediate boys will be in action on Monday 7 March and Tuesday 8 March when they participate in the Schools 20/20 Competition. Our boys have been drawn against St Theresa's, Maroochydore SHS and Grace College with the winners going through to the finals on Friday afternoon. We wish all players the best of luck!

**Surfing**

It's been a great couple of weeks for the Surf team with what seemed like an endless run of swell on the points. There were even a few sneaky offshore days for those willing to chance it on the open beaches. All squads are now back to normal and remember to join the Facebook group to keep up to date.

**Rugby**

Pre-season has been going well with our players being put through their paces by the St Andrew's coaching staff. The Schools Competition starts on Wednesday 16 March and this year we will be entering Under 13, Under 14 and Opens teams.

Our Juniors have also been busy preparing for their season which commences in Term 2. At this stage we will have teams at every age group which is a great effort.

**Rugby Dinner**

What a wonderful way to launch the 2016 St Andrew's Rugby season. All the St Andrew's community is warmly invited to enjoy the 2016 season launch Rugby dinner in a beautiful setting.

- Date:** Friday 18 March
  - Venue:** 29 Witta Circle, Noosa Heads
  - Dress code:** Cocktail style
  - RSVP:** Bookings close Friday 11 March at 1.00pm
  - Cost:** \$50 pp (includes dinner and drink on arrival)
  - Bookings:** <http://www.trybooking.com/KNYT>
- Please note: this is an adults only event.*

The evening will also include a **ceilidh**.

For more details on the dinner, please contact Rugby Supporters Group via Jan Henderson - [meggijan@hotmail.com](mailto:meggijan@hotmail.com)

**Tennis**

Congratulations to the following students who represented St Andrew's last week in a challenge match against Toowoomba Anglican College.

**Poppy Gauld, Lewis Leckie, Samuel Bippus, Marcella Donger, Ben Donger, Lucia Donger, Dash Comiskey, Charlie Comiskey, Hamish Cole, Lachlan Cole, Ashton Goodwin, Jordy Wright, Hamish Everard, Hunter McRae, Calum Wallis, Cooper Barrett, Noah Barrett, Spencer Tinney, Ollie Henderson, Jake Fortey.**

Our next match is against Churchie on 20 March.

**District Trials**

The following sports go straight to the Regional Trial on 8 March  
**15 years AFL, 19 years Girls and Boys Hockey**  
 If you are interested in attending any of these trials please see in the Sport office or email [srobson@saac.qld.edu.au](mailto:srobson@saac.qld.edu.au).

**Mr Steve Robson  
 DIRECTOR OF SPORT**



# Music News

Music Office: 5449 5852

musicoffice@saac.qld.edu.au

## Co-Curricular Music

Keep in touch with all of our latest news by visiting our **MUSIC LATEST NEWS** page, **MUSIC EVENTS** page and **MUSIC FACEBOOK** page.

### Friends of Music

The Friends of Music are a very active group of parents who provide support to the Music Program at St Andrew's. Meetings will be held twice per term usually in Weeks 3 and 7 on Tuesday evenings at 6.00pm in I16 (Music Room) Becoming a part of the Friends of Music is easy - just email the **Friends of Music**. It is a fantastic way to become involved in College life, meet others and support the ever-growing Music Department, its staff and students, in achieving great results in music. The next meeting will be held on Tuesday 8 March at 6pm in I16. More information about the vision of the Friends of Music can be found on the **College Website**.

### Music Exchange

Many of you may have first-hand experience of buying educational resources for your students and within a short time these resources have been used and often forgotten about. In some instances, these resources may be kept for siblings or as is often is the case, thrown into a box and forgotten about. Our Friends of Music parent support group has initiated a program within the College called "St Andrew's Music Exchange". Essentially, if you have some used resources or instruments then these can be donated to the Exchange via the Music Office. A list of items available is in the document below. Families can browse the items available at any time and requests can then be made through to the Exchange via Friends of Music (**fom@saac.qld.edu.au**). We hope that this will allow more access to relevant resources for our families for what can be a costly venture depending on the pace of your child's studies. Items listed on the exchange can be found on our **Music Community page** via the **Music Exchange link** (N.b. Pictures of items are currently not available).

As a part of this program, there are currently 4 keyboards and 9 acoustic guitars for sale and available from the Music Office for \$20 each. If you would like to purchase one of these items, please contact the **Music Office**.

### Assembly & Chapel Performances

Congratulations to Sarah McDiarmid, Cammie Perkoulidis, Katherine Williams, Hazel Hendry and Emma Davis for your recent performances at Chapels & Assemblies. All of these performances were fantastic and with musical items at assembly each week, students are encouraged to contact the Music Office or our Music Leaders if they would like to perform. Click **HERE** to view the media from this performance.

### Open Mic

On Wednesday 18 February and Wednesday 25 February the College held two fantastic Open Mic sessions at lunchtime. Both gigs were sensational with performances from Emma & Zoe Boot, Jai Kuruvita, Harry Hughes, Will Bower, Sean Phillips, Amie Atkinson, Angelique Turner & Ocean Beck. The College will be holding another event on the last Thursday of term with details available on our **Music Events** page soon.

### Secondary Music Camp

The Secondary Music Camp was a busy and productive weekend. Over 70 students attended the 2016 Secondary Music Camp held at Luther Heights in Cooloom from Friday 26 till Sunday 28 February. Eight ensembles took part in the camp this year and the three days culminated with a wonderful concert on Sunday afternoon. Thank you to all the students, parents and staff that made this camp such a huge success. Media from the weekend can all be accessed by visiting our **Music Facebook Page**.

### Sunshine Coast Junior Eisteddfod

The Sunshine Coast Junior is fast approaching and I would like to encourage all students having lessons at the College to enter. Details on how to enter can be found on the **Sunshine Coast Junior Eisteddfod Website** and families should complete entries after consultation with teachers. Entries close 21 March. Students and families should consult with their teacher prior to making any entries.

### Busker Spotted Last Weekend

Last weekend Brodie Watson was spotted busking at the local markets. Brodie should be congratulated for her musical pursuits and it was a successful day for her earning over \$200 in a couple of hours. Well done Brodie.

### Melissa Doecke and Mark Isaacs Flute & Piano Workshop / Recital

St Andrew's Anglican College presents Workshops and Recital by Melissa Doecke & Mark Isaac comprising of Australian and French music for Flute & Piano & celebrating the release of their CD 'Ulpirra Sonatines'. Bookings made strictly through **TRYBOOKING**.

#### Saturday 12 March

3:00pm

Piano Workshop (The Studio) and Flute Workshop (I16)

4:00pm – 5:00pm

Recital



# Music News

## Music (Curriculum)

### Year 11 Music Night - Friday 18 March

The Year 11 Music students would like to invite you to their first performance evening that will take place in The Studio from 6.30pm on Friday 18 March. The students are busy preparing their pieces, and it will again be a night that demonstrates a huge range of genres and styles of music. We will be again moving from the traditional, formal set-up of the space, to something more comfortable and relaxed. The students and I look forward to seeing you there – see you on the 18 March!

Mr Cade Bonar - HEAD OF MUSIC (CURRICULUM)

T.W. 2000	T.R. 2000	C.L. 2000
Z.P. 2000	J.I. 1999	C.H. 1999
M.L. 2000	M.P. 2000	D.T. 2000

**YEAR 11 MUSIC**  
 FRIDAY 18 MARCH 2016  
 6.30PM THE STUDIO



St Andrew's  
Anglican College

# Learning Centre News

## Redgum Book Club & Event Notices

A reminder that orders for Redgum Book Club close on March 7 and will be delivered just prior to the Easter break. If looking for dates for Book Club please check the Library page on the LMS.

## Year 8 Readers' Cup

Year 8 students are currently forming teams and reading the five set novels for the Year 8 St Andrew's Readers' Cup. These competitions help student to improve their literacy skills as well as increase their exposure to different genre and authors. The competition will take place in Week 8 and the winners will represent St Andrew's in the Sunshine Coast Interschool Readers' Cup competition held in June.



## FBI

Bookworms of Years 5-6 have been meeting in the library on Thursday mornings to discuss their latest reads. Unfortunately, owing to such high interest, we are unable to take any further enrolments.

Mrs Allison Paterson  
LEARNING CENTRE DIRECTOR

# UNIFORM SHOP

## Trading Hours Term Time

<b>Mondays</b>	<b>8:00am - 1:30pm</b>
<b>Wednesdays</b>	<b>8:00am - 3:30pm</b>
<b>Fridays</b>	<b>8:00am - 1:30pm</b>

### Formal Uniform

Formal Uniform is required for all students in Years 6 -12 in Term 2 & 3. Please be prepared early to avoid the last minute rush.

### Awards

Awards will not be sewn onto Blazers in Terms 2 & 3. The last acceptance of Blazers to have Awards sewn on will be Friday 18 March.

### Tracksuit Jackets

All sizes are available, avoid the long queue on the first cold day and purchase a jacket now.

### Uniform Shop page on the Parent Portal

Catalogues, order forms and news and updates can be found on our new page!

### Orders

Email and telephone orders will be delivered to Primary classes and Secondary students can collect orders at lunch.

### Contact Details

Please email [uniformshop@saac.qld.edu.au](mailto:uniformshop@saac.qld.edu.au) or phone 5471 5519 if you have uniform enquiries or would like to place an order.

Mrs Victoria Kane  
MANAGER UNIFORMS & BOOKS



Planning is well underway for our community event of the year and yes **FIREWORKS WILL BE BACK**

How can you help?

- Start collecting your books, toys and clothing for our secondhand stalls
- Look out for information coming home about Stalls
  - Can you donate a voucher or item for our Silent Auction or Raffle?
- Would you like to be an official Sponsor of the Fair?

For more information please call Mrs Sue Sagar on 5471 5555



# Fortnight at a glance

# Term 1, Week 7 & Week 8

Saturday - 5 March	
8:00am - 1:00pm	Secondary Musical Rehearsal - The Richard Gowty Centre
St Andrew's Show Jumping event - Equestrian Centre, Verrierdale	
Sunday - 6 March	
9:30am - 10:45am	Anglican Church of Noosa Worship Service - The Studio
Monday - 7 March	
10:00am - 10:40am	Girls Assembly for Secondary - The Richard Gowty Centre
12:20pm - 1:00pm	Primary Assembly - The Richard Gowty Centre
1:45pm - 3:00pm	Year 5 & 6 Sport
3:15pm - 7:30pm	Primary Parent Teacher Interviews
From 4:00pm	Secondary Netball Fixtures - Fisherman's Road, M'dore
Tuesday - 8 March	
7:00am - 9:00am	Zonta IWD Women's Breakfast - Noosa Springs Resort
11:45pm - 1:00pm	Year 11 & 12 Sport
1:45pm - 3:00pm	Year 9 & 10 Sport
3:15pm - 4:30pm	Musical Orchestra Rehearsal - Music Rooms
3:15pm - 7:30pm	Primary Parent Teacher Interviews
6:00pm - 7:00pm	Friends of Music Meeting - Room I16
Wednesday - 9 March	
10:00am - 10:40am	Secondary Chapel
1:10pm - 1:40pm	Musical Voice Coaching - Room I18a
1:45pm - 3:00pm	Year 1 & 2 Sport
3:15pm - 7:30pm	Primary Parent Teacher Interviews
Thursday - 10 March	
All Day	AFL Carnival - Year 7-9 & Year 11/12 Girls
1:45pm - 3:00pm	Year 7 & 8 Sport
3:10pm - 4:00pm:	Primary Art Club - Years 5/6 - Art Studio 2
3:15pm - 7:30pm	Primary Parent Teacher Interviews
Friday - 11 March	
Year 2 Camp - Mudjimba	
10:00am - 10:40am	Primary Chapel - The Richard Gowty Centre
12:30pm - 1:00pm	Year 5 Immersion Concert - The Studio
1:45pm - 3:00pm	Year 3 & 4 Sport
3:15pm - 5:15pm	Secondary Musical Leads Rehearsals - The Studio
3:30pm - 8:00pm	Trish Buckley Volleyball, Years 10-12 - Caloundra
4:30pm - 7:00pm	Rugby 7's Carnival - U11's & U12's

Saturday - 12 March	
8:00am - 1:00pm	Secondary Musical Rehearsal - The Richard Gowty Centre
9:30am - 12:30pm	2017 Academic Scholarship Testing Day - Room I19
3:00pm - 5:00pm	Flute and Piano Workshops & Recital - The Studio
Sunday - 13 March	
9:30am - 10:45am	Anglican Church of Noosa Worship Service - The Studio
Monday - 14 March	
National Young Leaders Day - Primary Leaders - Brisbane	
10:00am - 10:40am	Secondary Assembly - The Richard Gowty Centre
12:20pm - 1:00pm	Primary Assembly - The Richard Gowty Centre
1:45pm - 3:00pm	Year 5 & 6 Sport
From 4:00pm	Secondary Netball Fixtures - Fisherman's Road, M'dore
Tuesday - 15 March	
Year 3 Camp at Mudjimba	
11:45pm - 1:00pm	Year 11 & 12 Sport
1:45pm - 3:00pm	Year 9 & 10 Sport
3:15pm - 4:30pm	Musical Orchestra Rehearsal - Music Rooms
Wednesday - 16 March	
Year 11/12 Test Week (16 - 22 March)	
Year 3 Camp at Mudjimba	
10:00am - 10:40am	Secondary Chapel
1:10pm - 1:40pm	Musical Voice Coaching - Room I18a
1:45pm - 3:00pm	Year 1 & 2 Sport
6:00pm - 7:30pm	Longreach Information Session - Year 6 Parents
Thursday - 17 March	
Primary Free Dress Day	
1:45pm - 3:00pm	Year 7 & 8 Sport
3:10pm - 4:00pm:	Primary Art Club - Years 5/6 - Art Studio 2
Friday - 18 March	
High Performance Surf Camp (18-20 March)	
10:00am - 10:40am	Primary Chapel - The Richard Gowty Centre
1:45pm - 3:00pm	Year 3 & 4 Sport
3:15pm - 5:15pm	Secondary Musical Leads Rehearsals - The Studio
3:30pm - 8:00pm	Trish Buckley Volleyball, Years 10-12 - Caloundra
4:30pm - 7:00pm	Rugby Carnival - U6's - U8's
6:30pm - 8:00pm	Year 11 Music Night - The Studio