

PARK, WALK OR RIDE MAP

St Andrew's Anglican College **Cycle Map**



Peregian Beach Ride 1 - Recommended for HIGH SCHOOL STUDENTS

Peregian Beach Surf Club – Please ride with a parent first to ensure adequate cycling skills. Ride south along Kingfisher Drive to Plover St, left into Piper St then continue along Shearwater St and Lorikeet Drive to join the cycle path at the end of Lorikeet Dve to Coolum High School. **Dismount to cross David Low Way.** Ride up Havana Rd East and over the bridge to Havana Rd West. **Dismount and cross Ridgeway Dve carefully** and ride along the path to the Peregian Springs Dve traffic lights. Cross at lights and enter school. **5km**

Coolum Beach Ride 2

Coolum RSL – Please ride with a parent first to ensure adequate cycling skills. Ride north along David Low Way path taking care at Swimming Pool and Tristania Dve crossings. Turn left into Havana Rd East and continue over the bridge to Havana Rd West. **Dismount and cross Ridgeway Dve carefully** and ride on the path to the Peregian Springs Dve traffic lights. Cross at lights and enter school. **4.3km**

Peregian Springs Ride 3

The Avenue Park Peregian Springs – Please ride with a parent first to ensure adequate cycling skills. Ride south along The Avenue path. Turn left at Lakeside Dve and ride along the path. **Dismount and cross at Longwood Dve**, and ride along Longwood Dve path. Turn west into Peregian Springs Dve path. **Dismount and cross carefully at Ridges Blvd**, continue riding west along path to cross at traffic lights to school. **2.2km**

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EVERYONE CAN PARK, WALK OR RIDE

Try leaving the car 500m or more from school and walk or ride the remaining few blocks. It creates a safer school environment, reduced traffic and creates a fun, affordable and healthy way to get to school.

FIVE WAYS TO TRAVEL SMART



PARK, WALK OR RIDE THE REST OF THE WAY

Fewer cars in the school zone makes it safer for you and your friends.



GET ON YOUR BIKE, RIDE TO SCHOOL

Ride safely with a buddy. Remember your helmet!



USE YOUR FEET, WALK TO SCHOOL

You will feel great when you walk to the school gate. Remember your hat!



JUMP ON BOARD, CATCH PUBLIC TRANSPORT

Catch the bus or ride the train. Remember to travel safely with a buddy!



SHARE THE RIDE, CARPOOL

Put a friend by your side. Remember to buckle up!

IMPORTANT TIPS TO STAY SAFE

Children need to develop the knowledge, skills and behaviours to keep themselves safe. Help children to stay safe by:

- obeying the road rules
- travelling with an adult or buddy
- being visible to other road users
- sharing pathways
- learning and practising correct behaviours as a pedestrian, cyclist or passenger
- wearing appropriate clothing and footwear to suit all weather conditions
- encouraging sun safety by wearing appropriate clothing, hat, sunscreen, sunglasses and staying in the shade.

PRACTICE MAKES PERFECT

Before crossing the road, remember the rule – STOP, LOOK, LISTEN and THINK:

- STOP at the kerb
- LOOK right, LOOK left and LOOK right again
- LISTEN for cars approaching
- THINK whether or not it is safe to cross and wait until there is a safe break in traffic and all is clear to cross.

Then keep looking and listening for traffic as you walk straight across the road.



DID YOU KNOW?

Transport related activities are the second largest household expense in Australia.

Up to 20 bikes can fit into one car parking space.

The cost of buying and maintaining a bike is around 1% compared to a car.

Walking 400m can burn 105 kilojoules (25 calories).

A standard bus carries 65 people which is equivalent to 54 motor vehicles (1.2 persons per vehicle).